

NUR 610

Course and Clinical Information

The focus of the clinical experience in NUR 610 is applying or using health promotion/disease prevention concepts. The course concepts include health promotion, teaching and learning (patient education), social or cultural concepts, caring, communication, social support, empowerment, and family health. The clinical activities will cumulate in designing, implementing, and evaluating a teaching plan with a teaching-learning concept that is related to a NUR 610 course concept for a selected ten client population. See Procedures for Setting up Your Clinical Experience below to see examples of teaching-learning concepts that reflect one of the course concepts. The total number of clinical hours are 45 . At least thirty-five hours of the total of 45 clinical hours are earned with your presence at your clinical site/clinical agency. Ten (10) hours of your total of 45 clinical hours can be used in the preparation of your teaching plan.

Purpose of the Clinical Experience in the Clinical Concept Courses.

- The goal of the clinical experience in the concepts courses is to prepare graduates for an advanced nursing practice role. The students have the opportunity to practice in a variety of clinical settings to provide leadership and initiate collaborative and consultative relationships with the health team members. Preparation for advanced practice in nursing will require that graduates have clinical experiences where societal needs for nursing services will be disclosed and addressed.

Clinical Setting and Preceptor Criteria.

Clinical experiences occur in a setting in which the client population is available. The goal of clinical experiences in this concept course is to apply the nursing process/conceptual framework in implementing a teaching plan for a specific client population using a concept of interest to you.

Your role is NOT as an OBSERVER of someone providing care, but your role is as an active participant with clients/patients.

If the clinical agency where you will have your clinical experience does not have an agency agreement with Ball State University, go ahead and print the agency agreement and complete the necessary information and/or obtain necessary signatures and then send it to the School of Nursing. Go to: <http://nursing.iweb.bsu.edu/forms/> to obtain the Agency Agreement form.

Please read the Clinical Information for Nursing NUR 610, 611, and 614 document that you can obtain in the above WEB page.

Criterion for clinical preceptors is a master's degree in nursing. See Preceptor Information for Concepts Courses. You will need to complete the Clinical Preceptor Information form for submission to the School of Nursing.

Your clinical preceptor acts a consultant/advisor for you. During your clinical time, you will not be shadowing your preceptor. Your clinical preceptor does not have to be physically present when you interact with your client or patient groups. You will not perform any new skills or competencies during clinical in this course. All of your clinical activities will fall under your role as a RN. You will not be performing any physical nursing care. Your main patient activities will be in interviewing, assessing learning needs, or teaching patients and/or families.

Please obtain Preceptor Information for Concepts Courses document to give to your clinical preceptor. You will need to complete the Clinical Preceptor Information form to submit along with your Agency Agreement form as soon as possible preferably before the beginning of the semester and at the latest at the end of the first week of the semester. All of these documents are available on the WEB page link above.

***A physician is not appropriate preceptor for any of the concept courses, which are NUR 610, NUR 611, and NUR 614. The concepts courses have a total nursing focus for which a physician could not be a good advisor.**

Planning Arrangements.

Students should begin planning for clinical experience for the clinical courses by developing specific **measurable objectives** and establishing strategies to achieve these objectives. Students are responsible for contacting the preceptor to discuss the desired learning experience to accomplish at their agency or clinical site. Students communicate with the faculty to discuss their objectives which should meet the course objectives.

Clinical courses have a specified clinical component with a Web-based discussion to clinical hour ratio of one to three hours. Before going to a the clinical agency documentation is required:

(1) evidence of current TB test and Hepatitis B, (2) agency contract between Ball State University and agency.

Procedures For Setting Up Your Clinical Experience:.

Identify a client population of interest such as patients with diabetes, postmyocardial infarction (cardiac rehabilitation), heart failure, hypertension, COPD, cancer, elderly, adolescents, postmenopausal women, etc.

Identify a clinical site to access your client population such as a diabetes clinic, cardiac rehabilitation, pulmonary rehabilitation, cancer center, breast clinic, heart failure clinic, women's center, specific hospital nursing units, etc.

Identify a course concept/focus for the clinical experience from course content related to quality of life, health promotion (must specify health promotion related to what), wellness, family health, teaching and learning, health care informatics, social and cultural dimensions, caring, communication, social support, and empowerment.

Your teaching plan will include a concept that relates to one of the course concepts listed above such as but not limited to: breast self-examination, mammogram, tobacco cessation, dietary control of cholesterol, non-pharmacologic treatment of hypertension, exercise, dietary control of obesity, colonoscopy, glucose monitoring, etc.

Develop clinical objectives. The clinical objectives need to include objectives about your chosen course concept as well as your choice of a teaching concept that involves developing, implementing, and evaluating a teaching plan for your selected client population..

Share your clinical objectives with your clinical preceptor.

- Send to Dianne Parish the following documents:
 - Agency Agreement Form if needed
 - Clinical Preceptor Information

- Email Diana Bantz, the course faculty at dbantz@bsu.edu
 - Course concept
 - Teaching plan concept
 - Clinical objectives
 - Name and credentials of clinical preceptor

Faculty will send a letter to your preceptor to inform him/her about your clinical experience.

Collaboration between the student and the preceptor

- Share your objectives with your preceptor
- Arrange your clinical hours that are convenient to you, not to the preceptor
- Be with your preceptor only when you need guidance
- Discuss your progress with your preceptor
- Share the outcomes of your implemented teaching plan with your preceptor
- Ask the preceptor to complete the evaluation form on you and mail it to course faculty
- You will also complete the agency evaluation form and mail it to course faculty

Example of measurable objectives

The concept and a client population might be diet adherence, maintaining skin integrity, or management of insulin administration among diabetic patients. Others might be quality of life in cancer patients or cardiac patients, social support in breast cancer patients; breast self-examination in adolescents,

mammography use in postmenopausal women, management of hypertension in African American patients, smoking cessation in adults, and hormone therapy use in postmenopausal women. Statement of the objectives might be the same for all students with variation in the concept and client population.

Please do not use "faculty" as your client population and do not use "health promotion" without specifying what it will be related to as your concept, because it is very broad. The most common question I am asked by students is "What do I do in my clinical experience? How do I spend the 45 hours?" The main clinical experience project includes developing, implementing, and evaluating a teaching plan for one client population within your selected course concept. In order to do that, you need to read the literature about the concept for your identified client population, assess that population through direct interactions and conversations, identify learning needs, plan, implement, and evaluate the teaching plan. You are allowed ten (10) hours out of your total of 45 clinical hours to work directly on the teaching plan. You will also need to spend clinical time with the client/patient population which needs to be at least 35 hours out of the total of 45 clinical hours. This clinical time with clients/patients may be individual, in an educational group, in a support group, with a family, or with a spouse/significant other of the client/patient, separate or together. You will not be providing or giving nursing care for any of your clients or patients. Any clinical tasks in the clinic, office, hospital, or community setting where you have your clinical experience is not your responsibility .

Objectives might read:

- Review the literature (research studies) about the concept of diet adherence related to health promotion or wellness among clients with diabetes. (You may need to separate concepts for your literature search such as diet adherence among patients/clients with diabetes and health promotion or wellness for patients/clients with diabetes).
- Create a literature review summary to use for my course clinical paper.
- Identify a conceptual/theoretical framework from the literature review that could be applied to clients with diabetes such as wellness or health promotion.
- Assess clients with diabetes learning needs regarding the concept of diet adherence using interviews with patients/client and spouse.
- Identify knowledge deficit problems from my learning needs assessment data.
- Design a teaching plan to address identifiable knowledge deficits regarding diet adherence.
- Implement a teaching plan for diet adherence using a framework of health promotion or wellness.
- Evaluate diet adherence teaching and learning outcomes by a small learning outcomes survey or if possible by glucose levels, a1c Hemoglobin levels, or by body weight.

Please read the guidelines for the clinical course paper before you start your clinical activities. It is contained in the course information area of blackboard. The clinical course paper/concept analysis paper is the professional writing of your clinical experience and teaching plan.