

NUR 634: Advanced Health Assessment
Final Comprehensive Physical Examination Guidelines and Evaluation Form

The final comprehensive physical examination constitutes 300 of the total points of the student's grade for the course. This physical examination is to be completed with a surrogate adult patient. Typed documentation of the physical exam findings is also required. A health history is not required. The *clinical faculty* will evaluate the student's performance **and** typed documentation of the physical exam findings using the provided evaluation form.

The *clinical faculty* should review the evaluation with the *student* and both should sign the evaluation. The typed physical exam findings and completed evaluation form should be sent directly from the *clinical faculty* to the *course faculty* in the provided return envelope by the designated due date. The *student* should **NOT** send the evaluation.

Grading for the final comprehensive physical examination will be as follows:

1. Correct technique/completeness	148 points
2. Teaching BSE or TSE	12 points
3. Organization	40 points
4. Professionalism	10 points
5. Documentation	90 points

Correct technique/completeness (148 points):

- Each of the examination components listed on the Final Comprehensive Physical Examination Form must be performed (please note that female and male genitalia exams are not required).
- The student may have a copy of the Evaluation Form available to remind him/her of the components that must be completed. However the student may not have any notes on the form and reference to it during the exam should be limited.

Teaching BSE or TSE (12 points)

Organization (40 points):

- The final comprehensive physical examination will take approximately 45 minutes. It should not take more than 60 minutes.
- The Evaluation Form is organized in a format similar to that in the text book. The sequence allows for examination segments with the patient in the sitting, supine, and then standing position. The student is not required to follow this sequence but must include all components in an organized manner.
- The student should avoid going from one side of the exam table to the other.
- The student should avoid performing components so that the patient has to keep changing position frequently (e.g., sitting, supine, standing).
- If the student forgets to do something and then remembers it, he/she can go back and do it. However, this should be kept to a minimum.

- Cranial nerve assessment may be incorporated throughout other segments of the exam. The student should indicate verbally when he/she is assessing a particular cranial nerve and the name of the nerve.

Professionalism (10 points):

- The student should dress and act professionally during the final examination.
- Appropriate instructions and explanations should be provided to the patient during the exam.
- Attention should be given to providing for patient comfort and privacy during the exam.

Typed Documentation (90 points):

- Typed documentation should be organized, complete, and concise.
- Correct terminology and spelling are considered in evaluation of documentation.

Ball State University School of Nursing
NUR 634: Advanced Health Assessment
Final Comprehensive Physical Examination Evaluation Form

Student Name _____ **Date** _____

Important Instructions

- Perform all listed examination components.
- Provide appropriate instructions and explanations to the patient.
- Provide for patient comfort and modesty during the examination.
- Describe aloud your exam findings as if you were dictating as you do the exam.
- Male and female genital examination will be omitted.
- Document (typed) your physical examination findings.

	Points Possible	Points Received	Comments
General Survey (throughout exam) Posture, motor activity, gait (1) Dress, grooming, personal hygiene (1) Facial expression, affect, mood (1) Manner of speaking (1) State of awareness (1)	5		
Skin (throughout exam)	3		
Head Hair (1) Scalp (1) Skull (1) Face (1) Temporomandibular joints (1)	5		
Eyes Visual acuity (2) Position and alignment (1) External eye structures (1) Conjunctiva and sclera (1) Cornea, iris, lens, pupils (1) Pupillary reaction to light & accommodation (2) Extraocular muscles – corneal reflex, conjugate movements, convergence (2) Ophthalmoscopic – optic disk, retina (3)	13		
Ears Auricles (1) Ear canals (1) Ear drums (2) Auditory acuity(1) Air and bone conduction – Weber, Rinne (2)	7		
Nose and Sinuses External nose (1) Nasal mucosa & septum (1) Frontal and maxillary sinuses (2)	4		

Mouth and Pharynx Lips & oral mucosa (1) Gums and teeth (1) Tongue, roof, floor of mouth (1) Pharynx (1) Tonsils (1)	5		
Neck ROM (2) Lymph nodes –name as assess (2) Trachea (1) Thyroid (2)	7		
Posterior Thorax and Lungs Breathing movements (1) Spinous processes & paravertebral muscles (1) AP diameter (1) Chest expansion (2) Tactile fremitus (2) Percussion sounds (2) Breath sounds (2) Transmitted voice sounds (2)	13		
Upper Extremities Skin and nails (1) Lymph nodes - epitrochlear (1) Pulses – brachial, radial (2) Joints (2) ROM (2) Motor system – muscle bulk, tone, strength (3) Coordination – rapid alternating movements, finger to nose (2) Sensory system (choose 2) – pain, light touch, vibration, position (2) Discriminative sensations (1) Reflexes (choose 2) – biceps, triceps, brachioradialis (2)	18		
Breasts Inspection - sitting and supine (2) Palpation – supine (2) Lymph nodes – axillary, supraclavicular, infraclavicular (2)	6		
Anterior Thorax and Lungs Breathing movements/use of accessory muscles (1) Breath sounds (2)	3		
Cardiovascular System Inspection – jugular venous pulsations (2), apical impulse (2) Palpation – carotid arteries (2), precordium (2), apical impulse (2) Auscultation – carotid arteries (2), heart sounds (2)	14		

Abdomen Inspection (1) Auscultation – bowel sounds (1), bruits (1) Percussion – quadrants (1), liver span (2), spleen (2) Palpation – light and deep (1), liver (2), spleen (2), kidneys (2), aorta (2)	17		
Lower Extremities Skin and nails (1) Lymph nodes - inguinal (1) Pulses – femoral, posterior tibial, dorsalis pedis(2) Joints (2) ROM (2) Motor system – muscle bulk, tone, strength (3) Coordination – heel to shin (1) Sensory system (choose 2) – pain, light touch, vibration, position (2) Reflexes (choose 2) – quadriceps, Achilles, plantar (2)	16		
CN I – XII – may check during other sections of exam (6)	6		
Standing Spine ROM (2) Gait (2) Romberg (1) Pronator Drift (1)	6		
Teaching BSE – female patient TSE – male patient	12		
Organization	40		
Professionalism	10		
Typed Documentation Organization (15) Completeness (25) Conciseness (15) Terminology (25) Spelling (10)	90		
Total Points	300		

Comments:

Student Signature _____

Date _____

Faculty Signature _____

Date _____